



YOUR LIFE PATH NUMBER AFFECTS YOUR BODY

Here's how...

These are the areas of the body that are affected when a person's **life path** (the total of your date of birth then reduced to a single number—add the month to the day to the year and reduce) equals one of these numbers:

Calculating Your Life Path:

Date of Birth: February 06, 1965

02/06/1965 → $2+6+1+9+6+5 = 29$ → $2+9 = 11$ → $1+1 = 2$

Life Path =

2

Body Parts Impacted:



1 - Head and Lungs

This includes the face and injuries to the face and head. Deep breathing is very important. Those with a prominent "1" in their chart lead with their heads. Watch the posture when walking as there is a tendency to get out of alignment due to the head walking ahead of the body.



2 - Nervous System, Solar Plexus

Feelings easily hurt. Very sensitive. Need to build up the nervous system. Eat foods that build up the nervous system such as mineral enriched vegetables and affirm for self esteem.



3 - Throat, Tongue, Larynx, Speech Organs

Prone to sore throat, bronchitis. Carry a scarf or jackets with high collars to protect this area. To send energy to this area, wear red at the throat.

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4 - High Blood Pressure

Fours are very hard workers but the hard work wears out the endurance. Arthritis, knee problems, bones, teeth and structure problems. Stubbornness can bring on lack of circulation. Sometimes affects the stomach. Those with this number can become too inflexible resulting in a hardening of the arteries. The more flexible in the thinking, the more flexible in the body.



5 - Liver, Gall Bladder, Pancreas, Colon

The digestive tract. Nervous tension and digestive problems. This upsets the whole physical condition and can result in malabsorption of food and supplements. The "5's" take in so much of life that they cannot digest everything. The US has a 5 Life Path, and you see that a major health challenge of this country is digestion and elimination.



6 - Heart, Overeating, Indulgence In Sweets, Dairy

Need for love or lack of love creates heart problems. Feeding the hungry heart. The compassion of the six can be overextended into creation of sugar diseases. If there is the letter "o" (the 15th letter or a $6 + 1 + 5 = 6$) in the name, the person needs to watch out later in life for diabetes or hypoglycemia.



7 - Repression of the Emotions- Spleen, White Blood Cells Affected

Needs quiet relaxation. Sympathetic nervous system affected. This number is prone to challenges in the deeper parts of the body, the glands. It is important to maintain the levels properly.



8 - Colon, Eyes, Bowels, High Blood Pressure

Migraines from too much ambition. 8's need to be in charge so they pay the price of a big ambition. "Getting the bowels in an uproar" is a phrase true to the 8's. Meditation, relaxation is essential.



9 - Kidneys and Regenerative System

The kidneys are the seat of energy in the body. They need to be maintained with proper liquids and to stay away from food and drinks that are too dehydrating for the body. The kidneys are attached to the systems for the eyes in the body. Eye problems can be a sign of kidney problems.

Contact Gail for more information
on how your life path affects you or
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